Do you want to be a successful Life Science student? Come to the DBS Learning Workshop 2018 and discover for yourself what it takes to be a successful Life Science student!

**PROGRAM**

8:00 am: Registration and Breakfast (provided)
8:45 am: Introduction by Prof. Yu Hao (DBS HOD)
8:50 am: Learning, thinking, and understanding
  a. Why are you at NUS? What are your goals? (Prof. Alex Ip)
  b. What is learning? How do you learn? What are learning approaches? (Prof. Alex Ip)
  c. What is an understanding? How do you understand something? (Prof. Alex Ip)
  d. What is scientific method? How is it related to scientific research and scientific knowledge? (Dr. Zeehan Jaafar)
9:20 am: Studying and exam preparation
  a. How to be an active listener and be effective in note-taking? (Dr. Joanna Coleman)
  b. How to be proficient in reading and fast reading? (Dr. Joanna Coleman)
  c. How to raise questions and search for answers? (A/P Low Boon Chuan)
  d. How to use resources strategically? (Dr. Lam Siew Hong)
  e. How to encode, recall and focus your thoughts? (Dr. Darren Yeo)
10:10 am: Break
10:20 am: Survival skills
  a. How to develop communication and interpersonal skills? (A/P Low Boon Chuan)
  b. How to manage time and priority? (Dr. Amy Choong)
  c. How to manage stress and avoid burnout? (Dr. Amy Choong)
10:50 am: Employable skills
  a. How to develop and acquire critical thinking skills? (Dr. Lam Siew Hong)
  b. How to develop and acquire creative thinking skills? (A/P Peter Todd)
  c. How to develop and acquire problem-solving skills? (A/P Peter Todd)
  d. How to develop and acquire decision-making skills? (A/P Hugh Tan)
11:40 am: Overall, how to be an effective and successful student? What can we learn from living organisms? (Prof. Alex Ip)
12 pm: Lunch provided