

## Registration

is now open!

Application closes on  
16 August 2018

# Calling all FRESHMEN!

Tuesday, 21 August 2018  
8am – 12pm | LT 32

## DBS Learning Workshop 2018: How to be a successful Life Science student?

Do you want to be a successful Life Science student? Come to the DBS Learning Workshop 2018 and discover for yourself what it takes to be a successful Life Science student!

### PROGRAM

**8:00 am : Registration and Breakfast (provided)**

**8:45 am : Introduction by Prof. Yu Hao (DBS HOD)**

**8:50 am : Learning, thinking, and understanding**

- Why are you at NUS? What are your goals? (*Prof. Alex Ip*)
- What is learning? How do you learn? What are learning approaches? (*Prof. Alex Ip*)
- What is an understanding? How do you understand something? (*Prof. Alex Ip*)
- What is scientific method? How is it related to scientific research and scientific knowledge? (*Dr. Zeehan Jaafar*)

**9:20 am : Studying and exam preparation**

- How to be an active listener and be effective in note-taking? (*Dr. Joanna Coleman*)
- How to be proficient in reading and fast reading? (*Dr. Joanna Coleman*)
- How to raise questions and search for answers? (*A/P Low Boon Chuan*)
- How to use resources strategically? (*Dr. Lam Siew Hong*)
- How to encode, recall and focus your thoughts? (*Dr. Darren Yeo*)

**10:10 am : Break**

**10:20 am : Survival skills**

- How to develop communication and interpersonal skills? (*A/P Low Boon Chuan*)
- How to manage time and priority? (*Dr. Amy Choong*)
- How to manage stress and avoid burnout? (*Dr. Amy Choong*)

**10:50 am : Employable skills**

- How to develop and acquire critical thinking skills? (*Dr. Lam Siew Hong*)
- How to develop and acquire creative thinking skills? (*A/P Peter Todd*)
- How to develop and acquire problem-solving skills? (*A/P Peter Todd*)
- How to develop and acquire decision-making skills? (*A/P Hugh Tan*)

**11:40 am : Overall, how to be an effective and successful student? What can we learn from living organisms? (*Prof. Alex Ip*)**

**12 pm : Lunch provided**